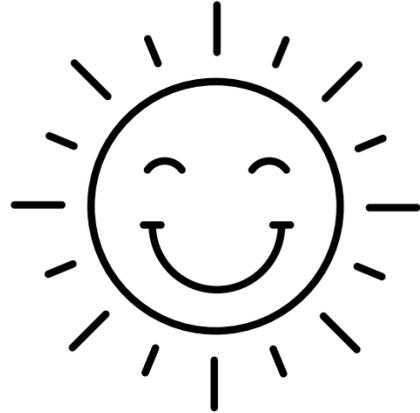
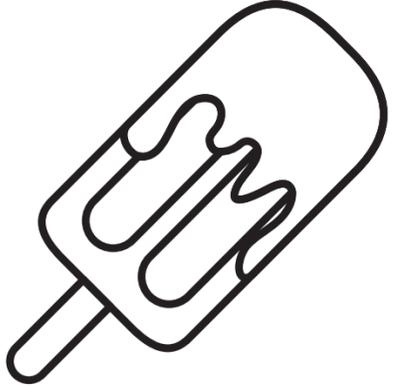


JUNE

CHICAGO PARK DISTRICT Summer Food - Veggie Lunch

2025

Please note that menus are subject to change

MON	TUE	WED	THU	FRI
23 Pizza Bagel (WG) w/ Shredded Mozzarella Fresh Orange 1% Plain Milk	24 Croissant (WG) w/ Cheese + Condiments Baby Carrots w/ Ranch Stone Fruit Skim Chocolate Milk	25 Tortilla Chips (WG) Beans, Cheese, + Salsa Cup Wango Mango Juice 1% Plain Milk	26 Protein Kit w/ Cheese + Crackers (WG) Pear Cucumber Slices w/ Ranch Skim Chocolate Milk	27 Snack n' Waffle (WG) Sunflower Seeds + Yogurt Cup Fruit Leather Snap Peas w/ Ranch 1% Plain Milk
30 Graham Crackers (WG), Wowbutter, + Jelly Celery Sticks w/ Ranch Apple Skim Chocolate Milk				

*Fruit leather, juice, cups, crackers, and muffins rotate flavors. All parks receive the same selection. Allergy and nutrition information available upon request.

JULY

CHICAGO PARK DISTRICT Summer Food - Veggie Lunch

2025

Please note that menus are subject to change

MON	TUE	WED	THU	FRI
	Pita Chips (WG) w/ Cheese Sauce Sunflower Seeds Bell Pepper Strips w/ Ranch Fresh Orange 1% Plain Milk 1	Tortilla (WG) w/ Cheese, + Condiments 2 Cucumber Slices w/ Ranch Fruit Leather Skim Chocolate Milk	Tofu Nuggets w/ BBQ Corn Muffin (WG) 3 Watermelon Chunks Baby Carrots w/ Ranch 1% Plain Milk	 4
Snack n' Waffle (WG) 7 Sunflower Seeds + Yogurt Cup Fruit Cup 100% Fruit Juice Skim Chocolate Milk	Pizza Bagel (WG) w/ Shredded 8 Mozzarella Fresh Orange 1% Plain Milk	Croissant (WG) w/ Cheese + Condiments 9 Baby Carrots w/ Ranch Stone Fruit Skim Chocolate Milk	Tortilla Chips (WG) 10 Black Beans, Cheese, + Salsa Cup Apple 1% Plain Milk	Protein Kit w/ Cheese + Crackers 11 (WG) Pear Cucumber Slices w/ Ranch Skim Chocolate Milk
Assorted Muffin (WG) 14 String Cheese + Yogurt Cup Fruit Leather Snap Peas w/ Ranch 1% Plain Milk	Graham Crackers (WG), Wowbutter, 15 + Jelly Celery Sticks w/ Ranch Apple Skim Chocolate Milk	Pita Chips (WG) w/ Cheese Sauce 16 Sunflower Seeds Bell Pepper Strips w/ Ranch Fresh Orange 1% Plain Milk	Tortilla (WG) w/ Cheese, + Condiments 17 Cucumber Slices w/ Ranch Fruit Leather Skim Chocolate Milk	Tofu Nuggets w/ BBQ 18 Corn Muffin (WG) Watermelon Chunks Baby Carrots w/ Ranch 1% Plain Milk
Caprese Kit w/ Mozzarella + Crackers (WG) 21 Cherry Tomatoes Pear Skim Chocolate Milk	Assorted Muffin (WG) 22 String Cheese + Yogurt Cup Stone Fruit Snap Peas w/ Ranch Skim Chocolate Milk	Pizza Bagel (WG) w/ Shredded 23 Mozzarella Fresh Orange 1% Plain Milk	Croissant (WG) w/ Cheese + Condiments 24 Baby Carrots w/ Ranch Stone Fruit Skim Chocolate Milk	Tortilla Chips (WG) 25 Black Beans, Cheese, + Salsa Cup Wango Mango Juice 1% Plain Milk
Protein Kit w/ Cheese + Crackers 28 (WG) Pear Snap Peas w/ Ranch Skim Chocolate Milk	Snack n' Waffle (WG) 29 Sunflower Seeds + Yogurt Cup Cucumber Slices w/ Ranch Fruit Leather 1% Plain Milk	Graham Crackers (WG), 30 Wowbutter, + Jelly Celery Sticks w/ Ranch Apple Skim Chocolate Milk	Pita Chips (WG) w/ Cheese Sauce 31 Sunflower Seeds Bell Pepper Strips w/ Ranch Fresh Orange 1% Plain Milk	

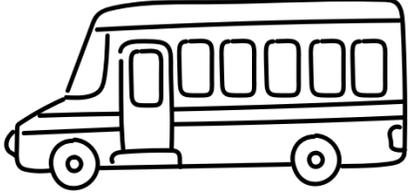
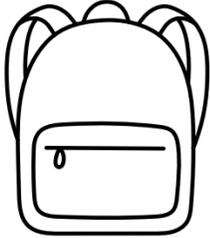
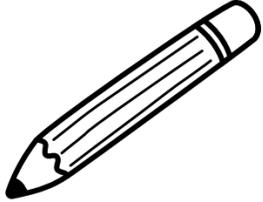
*Fruit leather, juice, cups, crackers, and muffins rotate flavors. All parks receive the same selection. Allergy and nutrition information available upon request.

AUGUST

CHICAGO PARK DISTRICT Summer Food - Veggie Lunch

2025

Please note that menus are subject to change

MON	TUE	WED	THU	FRI
				<p>Tortilla (WG) w/ Cheese, + Condiments 1</p> <p>Snap Peas w/ Ranch</p> <p>Fruit Leather</p> <p>Skim Chocolate Milk</p>
<p>Assorted Muffin (WG) 4</p> <p>String Cheese + Yogurt Cup</p> <p>Apple</p> <p>Celery Sticks w/ Ranch</p> <p>1% Plain Milk</p>	<p>Caprese Kit w/ Mozzarella + Crackers (WG) 5</p> <p>Cherry Tomatoes</p> <p>Stone Fruit</p> <p>Skim Chocolate Milk</p>	<p>Tofu Nuggets w/ BBQ 6</p> <p>Corn Muffin (WG)</p> <p>Watermelon Chunks</p> <p>Snap Peas w/ Ranch</p> <p>Skim Chocolate Milk</p>	<p>Pizza Bagel (WG) w/ Shredded Mozzarella 7</p> <p>Fresh Orange</p> <p>1% Plain Milk</p>	<p>Croissant (WG) w/ Cheese + Condiments 8</p> <p>Snap Peas w/ Ranch</p> <p>Stone Fruit</p> <p>Skim Chocolate Milk</p>
<p>Tortilla Chips (WG) 11</p> <p>Black Beans, Cheese, + Salsa Cup</p> <p>Fresh Orange</p> <p>1% Plain Milk</p>	<p>Protein Kit w/ Cheese + Crackers (WG) 12</p> <p>Pear</p> <p>Cucumber Slices w/ Ranch</p> <p>Skim Chocolate Milk</p>	<p>Snack n' Waffle (WG) 13</p> <p>Sunflower Seeds + Yogurt Cup</p> <p>Snap Peas w/ Ranch</p> <p>Fruit Leather</p> <p>1% Plain Milk</p>	<p>Graham Crackers (WG), Wowbutter, + Jelly 14</p> <p>Celery Sticks w/ Ranch</p> <p>Apple</p> <p>Skim Chocolate Milk</p>	<p>Pita Chips (WG) w/ Cheese Sauce 15</p> <p>Sunflower Seeds</p> <p>Bell Pepper Strips w/ Ranch</p> <p>Fresh Orange</p> <p>1% Plain Milk</p>
<p>Tortilla (WG) w/ Cheese, + Condiments 18</p> <p>Snap Peas w/ Ranch</p> <p>Fruit Leather</p> <p>Skim Chocolate Milk</p>	<p>Tofu Nuggets w/ BBQ 19</p> <p>Corn Muffin (WG)</p> <p>Watermelon Chunks</p> <p>Baby Carrots w/ Ranch</p> <p>1% Plain Milk</p>	<p>Caprese Kit w/ Mozzarella + Crackers (WG) 20</p> <p>Cherry Tomatoes</p> <p>Stone Fruit</p> <p>Skim Chocolate Milk</p>	<p>Assorted Muffin (WG) 21</p> <p>String Cheese + Yogurt Cup</p> <p>Apple</p> <p>Cucumber Slices w/ Ranch</p> <p>Skim Chocolate Milk</p>	<p>Pizza Bagel (WG) w/ Shredded Mozzarella 22</p> <p>Fresh Orange</p> <p>1% Plain Milk</p>
<p>Croissant (WG) w/ Cheese + Condiments 25</p> <p>Baby Carrots w/ Ranch</p> <p>Wango Mango Juice</p> <p>Skim Chocolate Milk</p>	<p>Back to School! 26</p>	<p>Back to School! 27</p>	<p>Back to School! 28</p>	<p>Back to School! 29</p>

*Fruit leather, juice, cups, crackers, and muffins rotate flavors. All parks receive the same selection. Allergy and nutrition information available upon request.