

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Tuesday, July 1, 2025

Recipe #	Recipe Name	Allergen(s)
991739	Cheese, Cup, Cheddar - OKI	Milk
843252	Chips, Pita, WG - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
999682	Pepper, Fresh, Red, Strip, 1/4c, IW - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
990677	Sunflower Seeds, IW- OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Wednesday, July 2, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
999664	Cucumber, Fresh, Slices, 1/4c - OKI	
999657	Mayo, PKT - OKI	Egg
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
381282	Wrap, Cheddar - OKI	Milk, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Thursday, July 3, 2025

Recipe #	Recipe Name	Allergen(s)
991427	Carrots, Fresh, Baby, 1/2c, IW - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
991546	Muffin, Cornbread, IW, WG - OKI	Milk, Soy, Wheat, Egg
999636	Nuggets, Veggie, Chik'n - OKI	Soy, Wheat
999505	Sauce, BBQ, Packet - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
232975	Watermelon, Chunks, 1/4c - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Friday, July 4, 2025

Recipe #	Recipe Name	Allergen(s)
297396	Cheese, Mozzarella, Sliced - OKI	Milk, Soy
999725	Crackers, Assorted, 1BG - OKI	Wheat
691646	Fruit, Assorted, Stone - OKI	
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
999680	Tomatoes, Cherry, 1/4c - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Monday, July 7, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
177531	Juice, Vegetable, Wango Mango, 4oz - OKI	
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990677	Sunflower Seeds, IW- OKI	
999771	Waffle, Snackn, Assorted - OKI	Egg, Milk, Wheat, Egg
999479	Yogurt, Cups, Assorted - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Tuesday, July 8, 2025

Recipe #	Recipe Name	Allergen(s)
991192	Bagel, Pizza - OKI	Milk, Wheat
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
990807	Sauce, Marinara, PC - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Wednesday, July 9, 2025

Recipe #	Recipe Name	Allergen(s)
991427	Carrots, Fresh, Baby, 1/2c, IW - OKI	
691646	Fruit, Assorted, Stone - OKI	
999657	Mayo, PKT - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990679	Mustard, PKT - OKI	
697078	Sandwich, Croissant, Cheese, Chedd, WA - OKI	Milk, Soy, Wheat, Egg
990678	Sauce, Ranch, PKT - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Thursday, July 10, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
999638	Bowl, Bean & Cheese, - OKI	Milk
999650	Chips, tortilla, WG, IW- OKI	
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
999646	Salsa Cup - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Friday, July 11, 2025

Recipe #	Recipe Name	Allergen(s)
999652	Cheese, Cheddar Cubes, 2MMA - OKI	Milk
999725	Crackers, Assorted, 1BG - OKI	Wheat
999664	Cucumber, Fresh, Slices, 1/4c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Monday, July 14, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
999655	Cheese, String - OKI	Milk
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
302834	Muffin, Assorted, Summer - OKI	Egg, Milk, Soy, Wheat, Egg
999672	Peas, Snap, Fresh, 1/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
999479	Yogurt, Cups, Assorted - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Tuesday, July 15, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990916	Celery, Fresh, Sticks, 1/4c, IW - OKI	
991136	Crackers, Educational Snacks - OKI	Soy, Wheat, Egg
999660	Jelly, PKT - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990678	Sauce, Ranch, PKT - OKI	Milk
10456	Wowbutter, PC, 2 each - OKI	Soy

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Wednesday, July 16, 2025

Recipe #	Recipe Name	Allergen(s)
991739	Cheese, Cup, Cheddar - OKI	Milk
843252	Chips, Pita, WG - OKI	Wheat
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
999682	Pepper, Fresh, Red, Strip, 1/4c, IW - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
990677	Sunflower Seeds, IW- OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Thursday, July 17, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
999664	Cucumber, Fresh, Slices, 1/4c - OKI	
999657	Mayo, PKT - OKI	Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk
990679	Mustard, PKT - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
381282	Wrap, Cheddar - OKI	Milk, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Friday, July 18, 2025

Recipe #	Recipe Name	Allergen(s)
991427	Carrots, Fresh, Baby, 1/2c, IW - OKI	
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
991546	Muffin, Cornbread, IW, WG - OKI	Milk, Soy, Wheat, Egg
999636	Nuggets, Veggie, Chik'n - OKI	Soy, Wheat
999505	Sauce, BBQ, Packet - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
232975	Watermelon, Chunks, 1/4c - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Monday, July 21, 2025

Recipe #	Recipe Name	Allergen(s)
297396	Cheese, Mozzarella, Sliced - OKI	Milk, Soy
999725	Crackers, Assorted, 1BG - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
999680	Tomatoes, Cherry, 1/4c - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Tuesday, July 22, 2025

Recipe #	Recipe Name	Allergen(s)
999655	Cheese, String - OKI	Milk
691646	Fruit, Assorted, Stone - OKI	
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
302834	Muffin, Assorted, Summer - OKI	Egg, Milk, Soy, Wheat, Egg
999672	Peas, Snap, Fresh, 1/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
999479	Yogurt, Cups, Assorted - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Wednesday, July 23, 2025

Recipe #	Recipe Name	Allergen(s)
991192	Bagel, Pizza - OKI	Milk, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
990807	Sauce, Marinara, PC - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Thursday, July 24, 2025

Recipe #	Recipe Name	Allergen(s)
991427	Carrots, Fresh, Baby, 1/2c, IW - OKI	
691646	Fruit, Assorted, Stone - OKI	
999657	Mayo, PKT - OKI	Egg
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990679	Mustard, PKT - OKI	
697078	Sandwich, Croissant, Cheese, Chedd, WA - OKI	Milk, Soy, Wheat, Egg
990678	Sauce, Ranch, PKT - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Friday, July 25, 2025

Recipe #	Recipe Name	Allergen(s)
999638	Bowl, Bean & Cheese, - OKI	Milk
999650	Chips, tortilla, WG, IW- OKI	
177531	Juice, Vegetable, Wango Mango, 4oz - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
999646	Salsa Cup - OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Monday, July 28, 2025

Recipe #	Recipe Name	Allergen(s)
999652	Cheese, Cheddar Cubes, 2MMA - OKI	Milk
999725	Crackers, Assorted, 1BG - OKI	Wheat
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	
999672	Peas, Snap, Fresh, 1/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Tuesday, July 29, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
999664	Cucumber, Fresh, Slices, 1/4c - OKI	
990668	Milk, 1/2PNT, 1% - OKI	Milk
990678	Sauce, Ranch, PKT - OKI	Milk
990677	Sunflower Seeds, IW- OKI	
999771	Waffle, Snackn, Assorted - OKI	Egg, Milk, Wheat, Egg
999479	Yogurt, Cups, Assorted - OKI	Milk

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Wednesday, July 30, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
990916	Celery, Fresh, Sticks, 1/4c, IW - OKI	
991136	Crackers, Educational Snacks - OKI	Soy, Wheat, Egg
999660	Jelly, PKT - OKI	
990670	Milk, 1/2PNT, Choc, Skim - OKI	Milk
990678	Sauce, Ranch, PKT - OKI	Milk
10456	Wowbutter, PC, 2 each - OKI	Soy

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Summer Vegetarian Lunch - CPD' From: 7/1/2025 To: 7/31/2025

Thursday, July 31, 2025

Recipe #	Recipe Name	Allergen(s)
991739	Cheese, Cup, Cheddar - OKI	Milk
843252	Chips, Pita, WG - OKI	Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk
990645	ORANGE, Fresh 138CT, - OKI	
999682	Pepper, Fresh, Red, Strip, 1/4c, IW - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk
990677	Sunflower Seeds, IW- OKI	

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.